USABILITY OF DIFFERENT TYPES AND CULTIVARS OF SALAD CHICORY (*Cichorium intybus* L. var. *foliosum* (Hegi) Bish.) FOR SPRING CULTIVATION

Anita Biesiada, Anna Tomczak Wrocław University of Environmental and Life Sciences

Abstract: Leaf chicory type belongs to valuable vegetables in terms of its high nutrition and taste qualities. In spite of those advantages, in Poland, chicory is relatively little known. The purpose of field experiment carried out in the years 2009–2010 was the assessment of possibility of cultivation different types and cultivars of salad chicory in climatic conditions of Lower Silesia. In the experiment there were used 9 types of chicory: 'Palla Rossa 3', 'Orchidea Rossa', 'Rosso di Verona', 'Grumolo bionda', 'Capotta di mantovana', 'Pan di Zucchero', 'Rosso di Treviso 2', 'Rosso di Chioggia', 'Variegato di Castelfranco' and two breed cultivars 'Indigo' and 'Fidelio'. The highest marketable yield was recorded for 'Grumolo bionda' (4.24 kg·m²) and 'Capotta di mantovana' (4.00 kg·m²), while the lowest one characterized 'Fidelio' cv. (1.27 kg·m²) and 'Rosso di Chioggia' (1.56 kg·m²). The highest amount of nitrates was observed in 'Rosso di Verona' – 1063.60 mg NO₃·kg¹ and the lowest quantity – in 'Indigo' cv. (302.23 mg NO₃·kg¹). The highest phosphorus content featured the plants of intensive red leaves (0.50 do 0.58% s.m.), while the highest quantity of calcium green – leaf plants. Average magnesium content in chicory leaves equaled 0.20% f.m.

Key words: radicchio, yielding, bolted plants, nitrates, macroelements

INTRODUCTION

Botanical variety salad chicory (*Cichorium intybus* L. var. *foliosum* (Hegi) Bish.) involves three types of this plant: Belgian endive (also called witloof), sugar chicory (sugarloaf) and radicchio chicory, called Italian or red [Baraccia et al. 2003]. Radicchio originates from Italy where it has been widely cultivated. There can be distinguished numerous types of this vegetable and its name covers both red – leaf forms and the green ones, as well as chicory featuring variegated leaves. However, in other countries, this term refers exclusively to chicory with red leaf lamina [Hill 2004]. Previously, red

Corresponding author – Adres do korespondencji: Anita Biesiada, Department of Horticulture, Wroclaw University of Environmental and Life Sciences, pl. Grunwaldzki 24a, 50-363 Wroclaw, e-mail: anita.biesiada@up.wroc.pl

chicory was growing only in the region of Veneto, where its types have still been cultivated on a large scale. The most popular include: 'Rosso di Chioggia', which became the source of a number of useful cultivars, as well as of less common ones, like: 'Rosso di Treviso', 'Variegato di Castelfranco' and 'Rosso di Verona' [Barcaccia et al. 2003]. Particular plants form above ground parts of different shape – it can be leaf rosettes or loose heads, elongated ones resembling Peking cabbage or Romaine lettuce and spherical, compact as in the case of butterhead lettuce [Perkins-Veazie et al. 1991]. Analyses with the use of molecular markers proved that red plants of chicory belong to *Cichorium intybus* L. var. *foliosum* (Hegi) Bish. species, while 'spotted' (variegato) are formed as a result of controlled or random crossbreeding between plants belonging to *Cichorium intybus* L. var. *foliosum* and *Cichorium endivia* L. var. *latifolium* Heigi [Varotto et al. 1995].

A characteristic property of all chicory types and cultivars is their bitter taste due to the presence of arbosculin lactones, mainly lactucin and lactucopicrin [Dirnik et al. 1985]. These days, many European countries and the United States introduce chicory to their cultivation regarding its biological value, diversity of forms and the possibility of using it as a component of salad mixtures [Gianquinto 1997]. Red chicory also features considerable antioxidant properties and it contains carotenoids, vitamins: A, B₆, K, as well as macro- and microelements, such as: phosphorus, potassium, zinc, copper or iron [Ćustić et al. 2000, Mulabagal et al. 2009].

The aim of research conducted in the years 2009–2010 was the assessment of yielding and nutrition status of different types and cultivars of salad chicory cultivated in the conditions of Lower Silesia.

MATERIALS AND METHODS

Field experiment was carried out in Vegetable and Decorative Plants Research -Development Station in Psary, belonging to Department of Horticulture at Wroclaw University of Environmental and Life Sciences. The experiment was established on black degraded soil, containing 1.8% of humus as well as 63 mg P and 50 mg K per one dm⁻³. There was assessed usability for cultivation of 11 types and cultivars of red – leaf salad chicory: 'Palla Rossa 3', 'Orchidea Rossa', 'Indigo' cv. (from Bejo Zaden firm), 'Fidelio' cv. (from Clause Tezier firm), 'Rosso di Verona', green - leaf: 'Grumolo bionda', 'Capotta di mantovana' and 'Pan di Zucchero' (sugarloaf type), then 3 containing anthocyanins coloration of leaves: 'Rosso di Chioggia', 'Rosso di Treviso 2' and 'Variegato di Castelfranco'. Two - factorial experiment was established according to randomized split - plot method, in three replications. Each of the latter ones involved planting of 40 plants in 45 × 35 cm spacing. The area of one plot for harvesting amounted 6.3 m². Seeds, which underwent dressing with Grevitt 200 SL preparation, were sown in the first week of March into multipots filled with peat substrate, each containing 2–3 seeds per 54 cm³ pot capacity. In the course of plants growing, there was applied fertilization with Florovit (0.3%), which took place twice. After emergence, seedlings were thinned and one, the most vigorous plant was left in each pot. Ready, 7-week old transplants were planted in the last week of April into the field fertilized with nitrogen in the dose of 150 kg N·ha⁻¹ and potassium 100 kg $K_2O\cdot ha^{-1}$. During plant growing period there were introduced typical treatments, including irrigation and weeding. Within the mentioned period chicory was subjected to biometric measurements to determine the following parameters: plant height and diameter, as well as the number of leaves sent on a plant. Harvesting took place in the first week of July, accompanied by determination of total yield of above ground parts of plants, marketable yield – distinguishing 4 fractions of unit weight: 100-200 g, 200-300 g, 300-400 g, >400 g and non commercial yield with plants with disease symptoms. There was also counted the number of bolted plants. During the harvest, there were collected 5 plants from each plot to undergo chemical analyses. In chicory leaves there were determined macroelements in dry matter: Ca and K with the use of flame photometry method, Mg and P due to colorimetric method and nitrates – by potentiometric method, in fresh [Nowosielski 1988]. The results were subjected to statistical analysis using Tukey test, at significance level $\alpha = 0.05$.

RESULTS AND DISCUSSION

Weather conditions in the years of experiment varied considerably (tab. 1). During the period of chicory growth, between April and May, mean air temperature was higher then those recorded for many years (except for May 2010), with definitely hotter April and May 2009. The years research was conducted also differed in precipitation level. The highest amount of precipitation was recorded in May 2010 (134.5 mm), while the lowest one featured April 2009 (4.2 mm).

Table. 1. Mean temperatures and summary precipitation during the experimental period in Experimental Station in Psary

Tabela 1. Średnie temperatury i sumy opadów w okresie badań w Stacji Doświadczalnej w Psarach

Month Miesiąc	mor tempe Średnia ratura n	erage athly erature a tempe- niesiąca C	precip Miesi suma o	nonthly itation ęczna opadów m	Mean value of monthly temperatures years 1970–2000 Średnia wieloletnia tempera- tura miesięczna za 1970–2000	Deviation from average sum of monthly precipitation in the years of examination Średnia wieloletnia miesięczna suma opadów za 1970–2000
	2009	2010	2009	2010	mm	mm
April Kwiecień	13.9	10.8	4.2	26.4	8.1	31.9
May Maj	15.8	13.3	54.2	134.5	13.9	49.9
June Czerwiec	17.0	17.5	79.3	24.8	16.7	64.9
July Lipiec	21.0	21.0	115.9	79.1	18.5	75.4

Table 2. The yielding of salad chicory according to a plant type Tabela 2. Plonowanie cykorii salatowej w zależności od typu

Types of salad chicory	Tota grour Plon	al yield of ab nd parts of pl całkowity cz nadziemnych	Total yield of above ground parts of plants Plon całkowity części nadziennych	M _č PI	Marketable yield Plon handlowy	yield lowy	Non c of pla	Non commercial yield of plants with disease symptoms Plon roślin chorych	ial yield disease ns horych	Share c i Udział w plk	Share of marketable yield in total yield Udział plonu handlowego w plonie całkowitym	Share of marketable yield in total yield Udział plonu handlowego w plonie całkowitym	The uni	The unit weight of edible parts Jednostkowa masa części jadalnych	of edible sa części h
Typy cykoru sałatowej					${\rm kg \cdot m^{\text{-}2}}$	-5					%			æ	
	2009	2010	mean średnia	2009	2010	mean średnia	2009	2010	mean średnia	2009	2010	mean średnia	2009	2010	mean średnia
Fidelio	2.56	2.49	2.53	1.36	1.18	1.27	0.15	0.05	0.10	53.13	47.39	50.26	214	188	201
Indigo	7.49	4.36	5.93	3.26	3.02	3.14	1.46	0.47	96.0	43.52	69.27	56.40	296	274	285
Orchidea rossa	4.28	2.63	3.46	2.13	2.40	2.27	0.64	0.28	0.46	49.77	91.25	70.51	334	283	308
Palla Rossa 3	3.21	3.02	3.12	2.28	2.30	2.29	0.78	0.56	19.0	71.03	76.16	73.59	324	320	322
Capotta di mantovana	6.73	3.93	5.33	4.81	3.19	4.00	0.00	0.00	0.00	71.47	81.17	76.32	735	436	989
Grumolo bionda	4.86	5.03	4.95	4.05	4.43	4.24	0.82	0.19	0.51	83.33	88.07	85.70	869	685	594
Variegato di Castelfranco	5.91	4.38	5.15	3.62	3.73	3.68	1.21	0.00	0.61	61.25	85.16	73.21	465	575	520
Rosso di Chioggia	2.01	1.88	1.95	1.63	1.48	1.56	0.00	0.00	0.00	81.09	78.72	79.91	244	234	239
Rosso di Treviso 2	4.07	3.05	3.56	3.76	2.96	3.36	0.91	0.00	0.46	92.38	97.05	94.72	442	405	423
Rosso di Verona	5.03	3.87	4.45	2.52	3.46	2.99	1.20	0.00	09.0	50.10	89.41	69.75	396	439	417
Pan di Zucchero	4.14	4.45	4.30	2.42	3.89	3.16	0.00	0.83	0.42	58.45	87.42	72.93	622	612	617
Mean – Średnia	4.47	3.55	4.06	2.89	2.91	2.90	06.0	0.40	92.0	64.99	80.83	72.91	424	395	410
LSDα = 0.05 for types of chicory (A)	0.59	0.78	0.21	0.85	0.93	0.26	0.73	0.35	0.18	18.45	23.58	6.22	0.14	0.15	0.04
NIR = 0.05 dla typów cykorii (A)															
For years (B) – Dla lat (B)			0.48			0.61			0.42			14.60			0.10
$Interaction-Interakcja~A\times B$			0.68			98.0			0.59			20.64			0.14

Table 3. Marketable yield considering fractions, ${\rm kg \cdot m^{-2}}$ Tabela 3. Plon handlowy z uwzględniem frakcji, ${\rm kg \cdot m^{-2}}$

		100-200			200-300			300-400			>400	
Types of salad chicory Typy cykorii salatowej	2009	2010	mean średnia	2009	2010	mean średnia	2009	2010	mean średnia	2009	2010	mean średnia
Fidelio	0.38	0.30	0.34	0.71	0.88	08.0	0.27	0.00	0.14	0.00	0.00	0.00
Indigo	0.00	0.17	0.09	0.18	1.21	0.70	3.08	0.70	1.89	0.00	0.94	0.47
Orchidea rossa	0.03	0.55	0.29	0.00	0.58	0.29	1.06	0.77	0.92	1.04	0.50	0.77
Palla rossa 3	0.17	0.28	0.23	0.54	0.54	0.54	1.01	0.94	86.0	0.56	0.54	0.55
Capotta di mantovana	0.20	0.00	0.10	0.00	0.61	0.31	0.52	69.0	0.61	4.09	1.89	2.99
Grumolo bionda	0.00	0.39	0.20	90.0	0.00	0.03	89.0	69.0	69.0	3.31	3.35	3.33
Variegato di Castelfranco	0.37	0.05	0.21	00.00	0.21	0.11	1.04	0.44	0.74	2.21	3.03	2.62
Rosso di Chioggia	0.50	0.63	0.57	0.50	0.85	89.0	0.36	0.00	0.18	0.27	0.00	0.14
Rosso di Treviso 2	0.07	0.19	0.13	90.0	0.49	0.28	1.34	0.72	1.03	2.29	1.56	1.93
Rosso di Verona	0.00	0.25	0.13	0.32	0.72	0.52	0.00	0.33	0.17	2.20	2.16	2.18
Pan di Zucchero	0.00	0.05	0.03	0.23	0.15	0.19	0.00	1.46	0.73	2.19	2.23	2.21
Mean – Średnia	0.25	0.29	0.34	0.35	0.62	08.0	1.04	0.75	0.84	2.02	1.80	1.78
$LSD\alpha = 0.05 \ for \ types \ of \ chicory \ (A)$ NIR = 0.05 dla typów cykorii (A)	0.18	0.22	90:0	0.28	0.42	0.10	0.73	0.43	0.17	1.13	0.85	0.29
For years (B) – Dla lat (B)			0.14			0.24			0.40			0.67
Interaction – Interakcja $A \times B$			0.20			0.34			0.57			0.95

Table 4. The content of nitrates and macroelements in leaves of different types of salad chicory Tabela 4. Zawartość azotanów i makroelementów w liściach różnych typów cykorii sałatowej

	ž	Nitrates Azotany	ny		Ь			K			Ca			Mg	
Types of salad chicory	Mg ·kg⁻¹f.m.		mg ·kg ⁻¹ ś.m.					0.	% d. m.	% s. m.					
Typy cykorii sałatowej	2009	2010	mean średnia	2009	2010	mean średnia	2009	2010	mean średnia	2009	2010	mean średnia	2009	2010	mean średnia
Fidelio	603.96	297.50	450.73	0.53	0.47	0.50	7.77	5.63	6.70	0.62	0.43	0.53	0.17	0.23	0.20
Indigo	359.79	244.68	302.23	0.56	09.0	0.58	7.92	5.13	6.53	0.62	0.18	0.40	0.15	0.15	0.15
Orchidea rossa	523.59	596.41	560.00	0.46	09.0	0.53	7.92	5.63	82.9	0.50	0.28	0.39	0.15	0.24	0.19
Palla rossa 3	385.47	317.88	351.68	0.51	0.63	0.57	7.15	5.50	6.33	0.48	0.32	0.40	0.12	0.19	0.16
Capotta di mantovana	644.10	283.17	463.64	0.43	0.47	0.45	9.23	7.50	8.37	0.59	1.43	1.01	0.20	0.29	0.24
Grumolo bionda	433.87	1312.51	873.19	0.32	0.37	0.35	7.66	9.13	8.40	1.39	1.90	1.65	0.15	0.29	0.22
Variegato di Castelfranco	654.43	397.43	525.93	0.43	0.35	0.39	7.48	6.63	7.06	0.92	2.00	1.46	0.16	0.20	0.18
Rosso di Chioggia	713.37	584.68	649.02	0.53	0.50	0.52	6.84	7.13	66.9	0.44	0.81	0.63	0.12	0.23	0.18
Rosso di Treviso 2	667.40	1012.73	840.07	0.41	0.39	0.40	8.79	7.13	7.96	0.88	0.01	0.45	0.15	0.18	0.16
Rosso di Verona	775.17	1352.03	1063.60	0.33	0.51	0.42	7.00	00.9	6.50	1.10	1.25	1.18	0.16	0.27	0.22
Pan di Zucchero	381.70	398.37	390.04	0.39	0.38	0.39	5.40	5.75	5.58	1.74	1.78	1.76	0.29	0.27	0.28
Mean – Średnia	576.11	639.90	608.01	0.45	0.48	0.46	7.46	6.47	6.97	0.84	0.94	68.0	0.16	0.23	0.20
$LSD\alpha = 0.05 \ for \ types \ of \ chicory \ (A)$ NIR $\alpha = 0.05 \ dla \ typów \ cykorii \ (A)$	81.96	15.99	17.53	0.15	0.08	0.03	0.88	0.13	0.18	0.36	0.03	0.08	0.04	80.0	0.01
For years (B) – Dla lat (B)			41.11			0.08			0.43			0.18			0.02
Interaction – Interakcja A×B			58.14			0.11			0.61			0.25			0.03

Significantly lowest total yield of above – ground parts was obtained from 'Rosso di Chioggia' and 'Fidelio'cv., while the highest one characterized 'Capotta di mantovana', 'Variegato di Castelfranco', 'Grumolo bionda' and 'Indigo' cv. (tab. 2). Among the examined types and cultivars of salad chicory significantly highest marketable yield was recorded for 'Grumolo bionda' (4.24 kg·m⁻²) – the chicory forming green – leaf rosettes and for 'Capotta di mantovana' (4.00 kg·m⁻²) – the one which does not produce heads in the conditions of the experiment conducted. Similar level of yielding to 'Indigo'cv. (3.14 kg·m⁻²) characterized 'Variegato di Castelfranco' (3.68 kg·m⁻²), 'Rosso di Treviso 2' (3.36 kg·m⁻²) and 'Pan di Zucchero' (3.16 kg·m⁻²). Significantly lowest marketable yield was obtained from 'Fidelio' cv. (1.27 kg·m⁻²) and 'Rosso di Chioggia' (1.56 kg·m⁻²). Marketable yield of chicory is influenced by numerous factors, including the term and way of cultivation, variety, course of weather conditions and fertilization [Francke 2007, Francke and Majkowska-Gadomska 2008, Rożek 2007]. Tossini et al. [2009], examining chicory plants within 'Rosso di Chioggia', which featured different length of plant growing period, recorded higher field in cultivars of a long growing period (3 kg·m⁻²) as compared to those of a short growing period (2 kg·m⁻²). Francke [2007] proved that marketable yield of chicory, Palla Rossa 3 from spring cultivation was by 31% higher than that originating from the autumn and cultivation from seedlings provided twice higher yield in comparison to cultivation from sowing. In research involving fertilization with diverse doses of nitrogen, amounting from 50 to 200 kg·ha⁻¹, Biesiada and Kołota [2008] recorded that the yields of 'Indigo' cv. ranged from 3.59 to 5.10 kg·m⁻², while in experiments by Ćustić et al. [2003], connected with the effect of diverse mineral and organic fertilization on marketable yield of salad chicory, yield size was between 0.49 to 4.90 kg·m⁻².

It is worth noticing that percentage share of marketable yield in total yield produced by particular types and cultivars of salad chicory did considerably differ. In chicory forming loose rosettes of leaves marketable yield also included whole, not damaged external leaves of typical coloring, while in those forming more or less compact heads only the latter ones were considered as marketable yield. Therefore, the most considerable share of marketable yield in total yield was reported for 'Rosso di Treviso 2' (94.72%) and Grumolo bionda' (85.70%), while the lowest yield was obtained from 'Fidelio' cv. (50.26%) and 'Indigo' cv. (56.40%) plants forming external rosettes of green leaves and compact heads with leaves of intensive red color.

The highest number of non commercial heads characterized 'Indigo' cv. (0.96 kg·m⁻²) and 'Palla rossa 3' (0.67 kg·m⁻²). Elevated number of chicory heads affected by diseases was observed in 2009, which was connected with increased precipitation in summer months in relation to 2010, as well as to the data from many years.

The highest mean unit weight of edible parts featured 'Pan di Zucchero' (617 g), forming elongated heads similar to those of Chinese cabbage, as well as the green – leaf and variegated plants not forming heads – 'Grumolo bionda', 'Capotta di mantovana' and 'Variegato di Castelfranco' (from 520 to 594 g). In the chicory producing heads, i.e. 'Fidelio' cv., 'Indigo' cv., 'Orchidea Rossa' 'Palla Rossa 3' 'Rosso di Chioggia' and 'Rosso di Verona', the weight of edible parts ranged from 201 to 417 g and it was similar to that recorded by Francke [2007] in spring cultivation. Also Žnidarčič et al. [2004] investigating *Cichorium intybus* L. var. *silvestre* Bisch, stated that marketable heads

weight varied from 131.0 to 476.4 g in particular years of experiment, depending on chicory type. In research by Rożek [2007] mean heads weight of 'Indigo' cv. and 'Leonardo' ranged, average, from 224 to 441 g and from 307 to 568 g, while in experiments by Rangarajan and Ingall [2001] for di Chioggia type, these values were between 190 and 310 g. Biesiada and Kołota [2010] recorded mean weight of chicory heads of 'Indigo' cv. – 265 g.

In 'Fidelio' cv. and 'Rosso di Chioggia' there was obtained the highest marketable yield of heads weighing 200–300 g (0.80 and 0.68 kg·m⁻²), while in 'Indigo' cv., 'Orchidea Rossa' and 'Palla Rossa 3' it was between 300–400 g. The remaining types produced large heads of weight ranging more than 400 g (tab. 3), and thus the yield of this fraction amounted from 2.62 to 3.33 g ('Variegato di Castelfranco', 'Capotta di mantovana', 'Grumolo bionda') and from 1.93 to 2.21 g for 'Rosso di Treviso 2', 'Rosso di Verona', and 'Pan di Zucchero'.

Our own investigation proved that the highest number of leaves on a plant was produced by 'Rosso di Treviso 2' (34 leaves), while the lowest number of leaf lamina featured 'Fidelio', 'Orchidea Rossa' and 'Palla Rossa 3' (from 20 to 21 leaves) (fig. 1). The highest value of leaf rosette diameters characterized 'Capotta di mantovana' (48 cm), whereas the lowest one belonged to 'Fidelio' cv. (32 cm). The longest edible parts were produced by 'Variegato di Castelfranco' (36 cm), 'Grumolo bionda' (34 cm) and 'Rosso di Treviso 2' (32 cm) and the shortest length of heads featured 'Palla Rossa 3' (12 cm), 'Fidelio' cv., 'Indigo' cv., 'Orchidea Rossa' and 'Rosso di Verona' (14–16 cm).

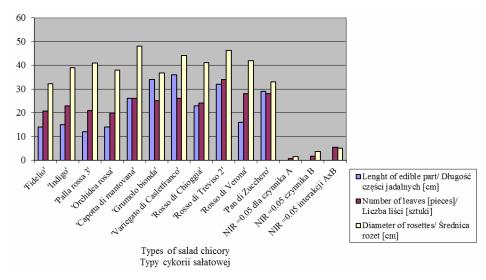


Fig. 1. Length of edible part, number of leaves and diameter of rosettes in salad chicory (average of years 2009-2010)

Rys. 1. Długość części jadalnych, liczba liści i średnica rozet cykorii sałatowej (średnia z lat 2009-2010)

One of more considerable problems to be faced by salad chicory producers can be its too early bolting. There are several factors intensifying this phenomenon: low temperature in the period between seeds sowing and germination, long day or too high temperature in the course of plants growing [Gianquinto 1997, Pimpini and Gianquinto 1988]. The chicory to show the most intensive tendency to bolt was 'Rosso di Chioggia' (14.1%) and to a lower degree, 'Rosso di Verona' (5.8%), 'Variegato di Castelfranco' (5.0%) and 'Capotta di mantovana' (3.3%), while in the remaining chicory types and cultivars there were not recorded such plants (fig. 2). In 2010 bolting was not observed in any of the examined plants, probably due to relatively even temperatures during plant growing period. Žnidarčič et al. [2004] reported chicory bolting which ranged from 0 to 20%, depending on chicory type. In research by Grevsen [1992] the author proved that temperature increase in the course of cultivation, from 15 to 25°C reduces bolting by 30%. According to the same author, covering plants with polypropylene foil diminishes the number of bolted plants by about 35%. The most advantageous effects of bolting elimination were obtained due to covering plants with a foil and cultivation at the temperature of 20°C. These findings were partly confirmed by Rangrajan and Ingall [2001] who recorded bolting which ranged up to 21% in 'Rosso di Chioggia' and 14% 'Rosso di Chioggia Medio'.

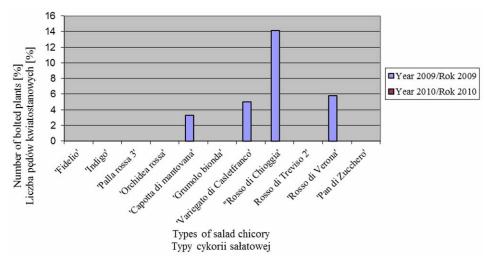


Fig. 2. Number of bolted plants in the examined types of salad chicory

Rys. 2. Liczba pędów kwiatostanowych wytworzonych przez badane typy cykorii sałatowej

According to Ćustić et al. [1994], as well as to Biesiada and Kołota [2008], salad chicory_shows relatively low tendency to accumulate nitrates. This opinion can be confirmed by our own investigation in which any of the examined chicory plants did not exceed permissible content of nitrates (tab. 4). Average of chicory accumulated 608.01 mg NO₃·kg⁻¹. At nitrogen fertilization applied in the experiment, in the dose of

150 kg N·ha⁻¹ the highest amount of nitrates was recorded in 2010 for 'Rosso di Verona' (1063.60 NO₃·kg⁻¹), 'Grumolo bionda' (873.19 NO₃·kg⁻¹) and 'Rosso di Treviso 2' (840.07 NO₃·kg⁻¹), while the lowest nitrates quantity featured 'Indigo' cv. (302.23 NO₃·kg⁻¹). In research by Biesiada and Kołota [2008], heads of 'Indigo' cv. chicory contained from 375 to 1380 mg NO₃·kg⁻¹, at nitrogen fertilization doses 50 and 200 kg N·ha⁻¹. Francke and Majkowska-Gadomska [2008] reported average nitrates content in Palla Rossa 3 ranking from 1130.2 to 1400.9 mg NO₃ kg⁻¹.

The content of phosphorus in the examined chicory amounted from 0.35 to 0.58% d.m. It is worth stressing that red chicory contained definitely higher quantities of this element than the green or variegated ones. The highest amount of phosphorus was recorded for 'Indigo' cv. (0.58% d.m.) and 'Palla Rossa 3' (0.57% d.m.), while the lowest content values belonged to 'Grumolo bionda', 'Variegato di Castelfranco' and 'Pan di Zucchero' (from 0.35 to 0.39%). In reexamination by Biesiada and Kołota [2008] phosphorus content in 'Indigo' cv. ranged from 0.44 to 0.57% d.m.

The content of potassium in all the examined chicory equaled, average, 6.97% d.m. the highest quantity of this element was observed in 'Grumolo bionda' and 'Capotta di mantovana' respectively 8.37 and 8.40% d.m., while the lowest amount of potassium characterized 'Pan di Zucchero' (5.58% d.m.). Generally, higher amounts of potassium was recorded in 2009 than in 2010, except for 'Grumolo bionda', 'Rosso di Chioggia' and 'Pan di Zucchero'. In research by Ćustić et al. [2003] potassium content in chicory heads was between 3.31 and 5.16% d.m. while Biesiada and Kołota [2008] reported average content of potassium in 'Indigo' cv. ranging from 4.80 to 5.42% d.m.

The highest content of calcium featured chicory of green and variegated leaves: 'Pan di Zucchero' (1.78% d.m.), 'Grumolo bionda' (1.65% d.m.) and 'Variegato di Castelfranco' (1.46% d.m.), while the lowest amount of this element was recorded in 'Rosso di Verona' (1.18% d.m.) and 'Capotta di mantovana' (1.01% d.m.). In the remaining plants Ca content did not exceed 1% d.m, which partly remains in agreement with the data recorded by Biesiada and Kołota [2008, 2010].

The content of magnesium ranged in particular chicory from 0.15 to 0.28% d.m. The most considerable amounts of this element was recorded in 'Pan di Zucchero' variety (0.28% d.m.), while the lowest quantity featured 'Indigo' cv. (0.15% d.m.).

CONCLUSIONS

- 1. The highest marketable yield and unit weight of edible plant parts was recorded for green and variegated chicory forming loose rosettes of leaves. Lower yield was obtained from plants producing compact heads. The most favourable yielding featured 'Grumolo bionda' chicory, while the lowest yield size was obtained from 'Fidelio' cv.
- 2. Radicchio characterizes low tendency to nitrates accumulation. The highest nitrates content was determined in 'Rosso di Verona' and the lowest one in 'Indigo' cv.
- 3. The most considerable content of phosphorus was observed in chicory of intensively red leaves, potassium in green leaf, calcium in green leaf and variegated plants.
- 4. The examined types and cultivars showed a slight tendency to bolting and the highest one featured 'Rosso di Chioggia' (only in 2009).

5. The highest share of marketable yield in total yield was recorded for 'Rosso di Treviso 2', while the lowest one in 'Fidelio' cv.

REFERENCES

- Barcaccia G., Lucchin M., Lazzarin R., Parrini P., 2003. Relationships among radicchio (*Cichorium intybus* L.) types grown in Veneto and diversity between local varieties and selected lines an assessed by molecular markers. Eucarpia Leafy Vegetables (eds. Th. J.L. van Hintumn. A. Lebeda. D. Pink. J. W. Schut), 105–111.
- Biesiada A., Kołota. E., 2008. The effect of nitrogen fertilization on yield and quality of radicchio. J. Elementol., 13 (2), 175–180.
- Biesiada A., Kołota E., 2010. The effect of nitrogen fertilization on yielding and chemical composition of radicchio chicory for autumn harvest cultivation. Acta. Sci. Pol., Hortorum Cultus, 9(4), 85–91.
- Ćustić M., Poljak M., Ćoga L., Ćosić N., Toth N, Pecina M., 2003. The influence of organic and mineral fertilization on nutrient status, nitrate accumulation, and field of head chicory. Plant Soil Environ., 49 (5), 218–222.
- Ćustić M., Poljak M., Ćosić N., 1994. Nitrate content in leafy vegetables as related to nitrogen fertilization in Croatia. Acta Hort., 371, 407–412.
- Ćustić M., Poljak M., Toth N., 2000. Effects of nitrogen upon the quality and yield of head chicory (Cichorium intybus var. foiliosum). Acta Hort., 533, 401–410.
- Dirnik P., van Poucke P., van Acker M., Schamp N., 1985. Objective measurement of bitterness in chicory heads (*Cichorium intybus* L.), In: Strategies in Food Quality Assurance: Analytical, Industrial and Legal Ascpects, Vol III, eds Baltes W, Czedik-Eysenberg P. B., Deelstra H., Dirinck P., Ooghe W. & Pfannhauser W. De Sikkel, Antwerp., 62–68.
- Francke A., 2007. Wpływ terminu i sposobu uprawy na wielkość i jakość plonu cykorii radicchio (*Cichorium intybus* L. var. *foliosum* Bisch.). Roczniki AR w Poznaniu 383, 467–470.
- Francke A., Majkowska-Gadomska J., 2008. Effect of planting date and method on the composition of radicchio heads. J. Elementol., 13 (2), 199–204.
- Gianquinto G., 1997. Morphological and physiological of phase transition in radicchio (Cichorium intybus L. var. silvestre Bisch.): Influence of daylenght and its interaction with low temperature Sci. Hortic., 71, 13–26.
- Grevsen K., 1992. Experiments with the cultivation of red leafed chicory "Radicchio Rosso" under north European conditions. ISHS Acta Horticulturae 318. II International Symposium on Specility and Exotic Vegetable Crops.
- $Hill\ D.,\ 2004.\ Radicchio\ trials\ 2002-2003.\ The\ Connecticut\ Agricultural\ Experiment\ station.\ New\ Haven.\ http://www.actahort.org/books/318/318_15.htm$
- Mulabagal V., Wang H., Ngouajino M., Nair M., 2009. Characterization and quantification of beneficial anthocyanins in leaf chicory (*Cichorium intybus*) varieties. Europ. Food Res. Technol., 47–53.
- Nowosielski O., 1988. Zasady opracowania zaleceń nawozowych w ogrodnictwie. PWRiL. Warszawa. Perkins-Veazie P., Russo V., M., Collins J., K., 1991. Postharvest changes during storage of packed radicchio. J. Food Qual., 15, 111–118.
- Pimpini F., Gianquinto G., 1988. The influence of climatic conditions and age of plant at transplanting on bolting and yield of Chicory (*Cichorium intybus* L.) cv. Rosso di Chioggia grown for early production. Acta Hort., 229, 379–386.
- Rangarajan A., Ingall B., 2001. Mulch color affects radicchio quality and yield. Hort. Science, 36 (7), 1240–1243.

Rożek E., 2007. Plonowanie cykorii sałatowej (*Cichorium intybus* L. var. *foliosum* Bisch.) uprawianej w kilku terminach. Annales AUMCS, Horticultura, 17 (2), 11–18.

Tosini F., Nicoletto C., Pimpini F., 2009. Rosso di Chioggia radicchio: trial of early and late varietes. Informatore Agrario, 65, 15, 37–41.

Varotto S., Pizzoli L., Lucchin M., Parrini P., 1995. The incompatibility system in Italian red chicory (*Cichorium intybus* L.). Plant Breed, 114, 535–538.

Žnidarčič D., Osvald J., Trdan S., 2004. Plant characteristic for distinction of red chicory (*Cichorium intybus* L. var. *silvestre* Bisch.) cultivars grown in central Slovenia. Acta Agric. Slovenica, 83: 251–260.

PRZYDATNOŚĆ RÓŻNYCH FORM I ODMIAN CYKORII SAŁATOWEJ (Cichorium intybus L. var. foliosum (Hegi) Bish.) DO UPRAWY WIOSENNEJ

Streszczenie. Cykoria sałatowa jest cennym warzywem o dużych walorach smakowych i odżywczych, stosunkowo mało znanym w Polsce. Celem doświadczenia przeprowadzonego w latach 2009–2010 było zbadanie możliwości uprawy w warunkach klimatycznych Dolnego Śląska różnych typów i odmian użytkowych cykorii sałatowej. W doświadczeniu wykorzystano 9 typów cykorii: 'Palla Rossa 3', 'Orchidea Rossa', 'Rosso di Verona', 'Grumolo bionda', 'Capotta di mantovana', 'Pan di Zucchero', 'Rosso di Treviso 2', 'Rosso di Chioggia' 'Variegato di Castelfranco' oraz dwie odmiany użytkowe 'Indigo' 'Fidelio'. Największy plon handlowy odnotowano u 'Grumolo bionda' (4,24 kg·m⁻²) i 'Capotta di mantovana' (4,00 kg·m⁻²), zaś najmniejszy u 'Fidelio' (1,27 kg·m⁻²) oraz 'Rosso di Chioggia' (1,56 kg·m⁻²). Najwięcej azotanów zaobserwowano u 'Rosso di Verona' – 1063,60 mg NO₃·kg⁻¹, najmniej zaś u odmiany 'Indigo' (302,23 mg NO₃·kg⁻¹). Największą zawartością fosforu charakteryzowały się rośliny o intensywnie czerwonych liściach (0,50 do 0,58% s.m.), zaś wapnia te o liściach zielonych. Zawartość magnezu w liściach cykorii wynosiła średnio 0,20% s.m.

Słowa kluczowe: radicchio, typy, plonowanie, pędy kwiatostanowe, azotany, makroelementy

ACKNOWLEDGEMENTS

Research was supported by grant No 7268/B/P01/2011/40 from the Ministry of Science and Higher Education of Poland and by European Union from the European Social Fund under the project entitled system: "Enterprising graduate student – an investment in the innovative development of the region" (Human Capital Operational Programme, Priority VIII Regional Human Resources Management, Knowledge Transfer Action 8.2, Sub-measure 8.2.2 Regional Innovation Strategies).







Accepted for print - Zaakceptowano do druku: 23.11.2011